



KING CITY SENIORS' CENTRE

30 Fisher Street, King City, Ontario, L7B 1G3 Tel: 905-833-2824



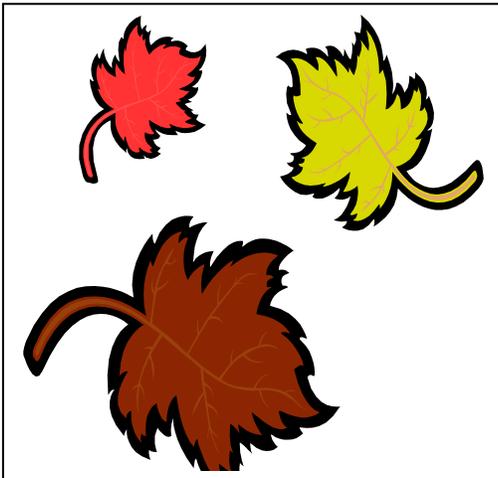
NEWSLETTER

Fall Edition

September 2011

NOTES FROM THE CHAIR

I hope everyone enjoyed the beautiful Summer weather we've had and are now ready to participate in the many wonderful Fall and Winter activities.



Thanks to the work of the volunteers who made our June barbeque a success. A good time was had by all who attended. We were entertained by the King City Angels vocal group, and we're sorry to hear that it was their last performance. We thank them, and wish them all good luck.

Wednesday, September 14th is our annual Membership Sign-Up Day at the Centre from 9:30 until 11:00 a.m. At the same time the Travel Club will be holding their Sign-Up Day for everyone who wishes to book one of the great trips that are on the schedule.

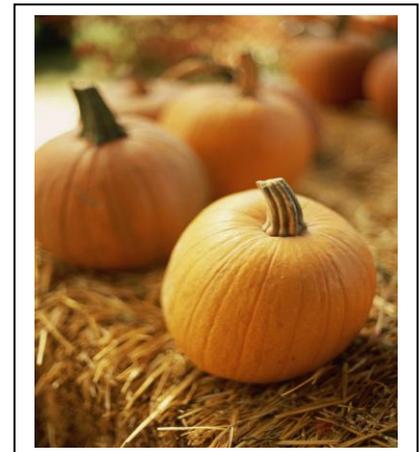
PLAN TO ATTEND, AND NEW MEMBERS ARE ALWAYS WELCOME!

The annual Corn and Weiner Roast will be held on Friday, September 16th from 12:30 p.m. to 4:00 p.m. This is a no charge event to show the Centre's appreciation for our membership's support.

COME JOIN US AND BRING A FRIEND.

Don't forget to come out and join the festivities at our Annual Christmas Open House and Sing-Along on Sunday, December 11th from 1:30 until 3:30 p.m. This is a fun event with light refreshments served.

Our condolences to Roy Robson on the loss of his sister Louise, and also to Bob Field on the loss of his brother.



Vince Cancelli

It's Time to Register . . .
Membership and Travel Club Sign-up Day

**is Wednesday, September 14th, 2011
from 9:30 to 11:00 a.m. at the Centre**



Make sure you come out and renew your King City Seniors' Centre Membership for the 2011-2012 year - then book your tickets from the current list of exciting trips planned by Marlene Deacon and your Travel Club Committee.

Annual Membership Fee Schedule*

King Township Residents

Non-Residents

Single Membership	\$9.00	\$12.00
Two Memberships same address	\$15.00	\$20.00
Life Membership	\$100.00	\$100.00

*No charge to any resident over the age of 90 years

If you wish to renew your membership by mail, make your cheque payable to:
"King City Seniors' Centre" and include your name and mailing address. Mail to:

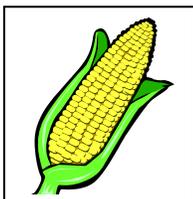
King City Seniors' Centre,
30 Fisher Street,
King City, ON
L7B 1G3

***WE'RE ALWAYS WELCOMING NEW MEMBERS -
COME ON OUT AND SEE WHAT THE CENTRE HAS TO OFFER.***

**Note: New members are required to complete our "Application Form" and sign a release waiver.
For more information, contact Marie Rattray at 905-773-5824**

Everyone's invited to our Annual Corn & Weiner Roast
Friday, September 16, from 12:30 p.m. to 4:00 p.m. at the Centre

***Bring a friend and join in the fun at this
NO CHARGE Members Appreciation Event.***



Note: A salad or dessert would be appreciated. Thank

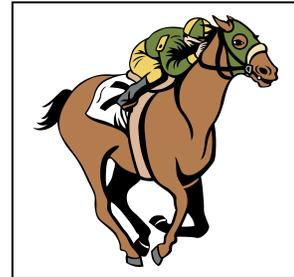
Travel Club News

***Travel tickets go on sale at 'The Centre' on
Sign-up Day - Wednesday, September 14th at 9:30***

Thursday, September 8th, 2011

Woodbine Race Track & Casino

Always a very popular outing. Lunch at the track with live thoroughbred racing from 2 until 5 p.m. School bus leaves the arena at noon and we will be picked up 6:00 p.m. to return to King around 7:00 p.m.
Price: \$50.00



Friday, September 30th, 2011

The Walters Family Greatest Country Music Show

Get set for some world class entertainment with "The Walters Family" in Bright, Ontario (near London). Reminisce about the good old days of country music with timeless classics that will have you singing along. Enjoy great music with fantastic fiddling, family harmonies and lots of old-fashioned fun. Lunch on the premises. Coach leaves the arena at 10 a.m.
Price: \$95.00



Friday, October 28th, 2011

Stratford's "Camelot"

In the realm of Camelot, King Arthur has created a utopian land of chivalry and civil rule. But, when his beloved queen Guenevere and Sir Lancelot, his most trusted knight, succumb to their passion for one another, he faces a terrible dilemma that will rock his kingdom to its very foundation. Lunch at the Stratford Golf & Country Club
Price: \$105.00
Coach leaves the arena at 10:00 a.m.

For all travel enquiries contact Marlene Deacon at 905-833-9841

Social Programs

There's something for everyone. . . at "The Centre"
It's September already, and our Social Programs are about to start up after the summer lull. For new members who have just registered, and/or those who want to be reminded from time to time, we are setting out the numerous activities the Seniors' Centre has to offer. No matter which programs appeals to you, we know you will want to join in the fun, enjoy yourself and meet new people. All we can promise is - you'll have a great time!

Betty Simmonds, Social Convenor

Art Classes - Thursdays

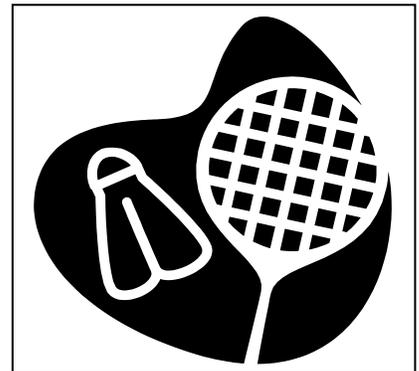
The fee is \$1.00 per session plus a nominal instructor fee.
Contact: Margaret Stoicheff at 1-905-642-6250.

Badminton - Mondays

If you feel fit and would like a bit of exercise, come and join us Monday evenings at the King City Public School at 7:30 p.m. beginning September 12th. If you don't know how to play, we will teach you and we'll even provide you with a racket if needed.

The fee is \$1.00.

Contact: Vic Warner at 905-833-3510



Bid Euchre - Tuesdays

This popular activity is held every Tuesday at the Centre at 1:00 p.m. and starts up again on September 6th. We welcome any new players. The fee is \$1.00

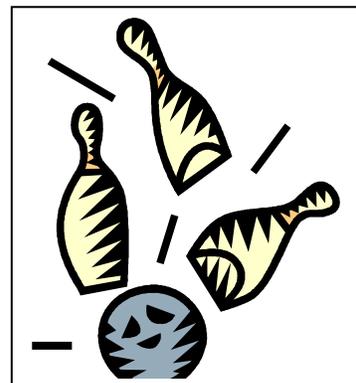
Contact: Chuck Hansford at 905-939-2611

Carpet Bowling - Thursdays

Carpet Bowling is held Thursday afternoons from 1:30 p.m. downstairs at the Centre.

The fee is \$1.00. New members are always welcome.

Contact Vince Cancelli at 905-833-6305



Computer classes - Thursdays

These classes are held on Thursday afternoons from 1:00 to 2:00 p.m. at the King City Library under the leadership of Mark Cornell. Should you wish to attend the class, please confirm your plans with the library beforehand.

Contact Carol Field at 905-833-3324

Drop-in Centre - Wednesdays

This new program will start up again in September. It will, again, be held Wednesday afternoons for any member to drop in for a cup of coffee and a chat with fellow members.

Cost \$1.00

Contact Marilyn Munroe at 905-833-6606

Euchre - Alternate Fridays

Traditional euchre is played every second Friday evening at 7:00 p.m. The fee is \$2.25 plus an additional \$1.00 if you wish to enter the lucky draw at the end of the evening. It's a fun night with prizes and refreshments.

Contact: Betty Coles at 905-833-5380 or Betty Simmonds at 905-833-5140.



Five-pin Bowling - Tuesdays

We bowl every Tuesday morning at 10:00 at the Pro Bowl Alleys in Richmond Hill and our season starts up again on September 13th. It's all about the fun, and should you require transportation, just call Betty Coles at 905-833-5380 or Vic Warner at 905-833-3510 and you'll be picked up.

Fee: \$4:50 for three games. Bowling shoes are free.

Contact: Betty Coles at 995-833-5380



Gentle Motion - Thursdays

This is an exercise class similar to Tai Chi and is performed in a very "gentle motion." The class has become very popular and is held Thursday mornings at 9:30 at the Centre.

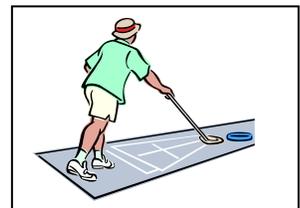
Fee: \$1.00 per session

For information, contact Vince Cancelli at 905-833-6305.

Shuffleboard - Wednesdays

We may be few in number, but the fun created at these games is great! We would like to see more members engage in this activity, which is held downstairs at the Centre at 2:00 p.m. on Wednesdays. The fee is \$1.00.

Contact: Vic Warner 905-833-3510.



Keep Fit & Exercise Class - Mondays

We meet at the Centre every Monday morning at 9:30 under the leadership of our new instructor, Debbie Holden. Debbie is an authorized instructor, and we are really enjoying her expertise. The exercises are geared to Seniors, and if you wish to join us, we know you will enjoy the classes. The fee is \$35.00 for ten classes.

Contact Betty Simmonds at 905-833-5140 for information.

Pot Luck Lunches

Our popular Pot Luck lunches are back after the Summer break and will be held the third Friday of every month at the Centre, unless otherwise announced, so mark your calendars.

Please, bring along either a first course dish, or dessert. Thank you.

Tea and coffee are provided, and the lunches start at 12:00 noon.

For further information contact Betty Simmonds at 905-833-5140

KING CITY 39'ers SOCIAL CLUB

by Sandra Kirby

Monday, September 12, 2011 at 1:30 p.m.

If elected as this area's Member of Parliament for Ontario, this may well be the last opportunity to hear **Pharmacist Farid Wassef** speak to our Seniors at the Centre about his topic of expertise, nutrition and supplements.

Farid assisted in the last revision of *the Canadian Food Guide*. Want to better understand supplements and cardiovascular health? Do you have other health-related questions or concerns? Come along with those questions and bring note paper to write down the wealth of information that you will receive. **Sponsored by King City Pharmacy.**

Monday, October 17, 2011 – time to be announced.

Tour and lunch at the **Holland Marsh Wineries**. Stay tuned for more information.

Monday, November 14, 2011 at 1:30 p.m.

O.P.P./York Regional Police – **Drive Wise**

The O.P.P. will offer a driver education seminar that will give us a shopping basket of succinct tips, suggestions and driving strategies, which are preventative measures against the most likely causes of accidents and mishaps faced by older drivers. *Drive Wise* is sponsored in part by **CARP**, Canada's Association for the Fifty-Plus. CARP believes that driver education will ensure the safety of Seniors, as well as preserve their right to drive.

\$2.00 at the door, all are welcome.

Monday, December 5, 2011 at 12:30 p.m.

Come out and enjoy our annual Christmas catered lunch! Price and tickets will be available closer to December. Mark this date on your calendars. Come one, come all!!

Questions? Contact either Sandra Kirby at 905-833-5117 or Carol Field at 905-833-3324

“Around The Centre” – Dates to Remember

September 5th – “September Bash”
 September 8th – Woodbine Race Track Trip
 September 12th – 39’ers Meeting
 September 14th – Travel & Membership Sign-up Day
 September 16th – Corn & Weiner Roast
 September 30th – Walter’s Family Country Music Show
 October 17th – 39’ers Meeting
 October 21st – Pot Luck Lunch
 October 28th – Stratford Theatre Trip
 November 14th – 39’ers Meeting
 November 18th – “Destinations” Travel Club Party
 December 5th – 39’ers Christmas Luncheon
 December 11th – Christmas Open House



Come one, come all & bring a friend!
IT’S OUR ANNUAL. . .
“DESTINATIONS” PARTY!!
FRIDAY, NOVEMBER 18th

from 1:30 to 4:00 p.m.

***Our Travel Club has put together the best
 “DESTINATIONS” PARTY EVER!!***

Come out and be treated to. . .

- entertainment
- wine & cheese
- prizes & much, much more!!



. . .and it’s all FREE!
SEE YOU ALL AT THE CENTRE
DON’T MISS IT!!

King City Seniors' Centre Board of Management Team – 2011

Chairman	***Vince Cancelli	905-833-6305
Deputy Chair	***Carol Field	905-833-3324
Treasurer	***Jane Underhill	905-833-5678
Recording Secretary	***Connie Inouye	905-833-5812
Social Secretary	***Marie Rattray	905-773-5824
Archivist	Doris Willoughby	905-780-0864

Property Committee

Coordinator & Rentals Agent	***Sandra Kirby	905-833-5117
Kitchen & Supplies	***Rena Gordon	905-833-6389

Membership Committee

Co-ordinator	***Marie Rattray	905-773-5824
	***Karen Fawcett	905-773-5150

Social & Special Events

***Betty Simmonds	905-833-5140
***Joyce Glass	905-833-5605
Betty Coles	905-833-5380

39'ers Convenor

***Sandra Kirby	905-833-5117
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Horticulturists

***Carol Field	905-833-3324
Kay Brooks	905-833-5555

Travel Club

Coordinator	***Marlene Deacon	905-833-9841
	***Joyce Glass	905-833-5605
	Betty Coles	905-833-5380
	Sandra Hansford	905-939-2611

Programs Co-ordinators

Art Class	Margaret Stoicheff	905-642-6250
Badminton	Vic Warner	905-833-3510
Bid Euchre	Chuck Hansford	905-939-2611
Bowling - 5-pin	Betty Coles	905-833-5380
Carpet Bowling	***Vince Cancelli	905-833-6305
Computer Class	Carol Field	905-833-3324
Drop-in Centre	Marilyn Munroe	905-833-6606
Euchre	Betty Coles	905-833-5380
Fitness	***Betty Simmonds	905-833-5140
Gentle Motion	***Vince Cancelli	905-833-6305
Keep Fit	***Betty Simmonds	905-833-5140
Shuffleboard	Vic Warner	905-833-3510

Newsletter

***Jack Brooks	905-833-5555
June Hopkins	905-833-5549

King Township Parks & Rec Rep	***Laura Campbell	905-939-1216
King City Lions Club Rep.	***Dave Ground	905-833-6190

****Board of Management Member*

King City Seniors' Centre, 30 Fisher St., King City, L7B 1G3. To call the Centre: Tel: 905-833-2824